



Family TECHNOLOGY CONTRACT



When:

- We will ALL make an effort to be screen free most of the time. Remember, people first.
- We can read and send messages to friends a few times per day. We can also choose to have up to an hour of game time throughout the day depending on what else we have going on. This is at the discretion of Mom and Dad.
- Times we should not be on our devices: when we are doing something together as a family, when there are things that need to be done around the house, when someone is talking to us, when it's nice outside, when we have company.
- When you are told to put it away, put it away. Period.
- Kids- devices are turned off at 9:00 PM. Let your friends know that you will never be able to respond to messages after 9:00.

Where:

- Devices need to stay in common areas (kitchen, living room).
- When not being used, devices are kept on the kitchen counter.

What:

- Devices can be used for messaging, music, and games.
- Random internet searches/ YouTube searches is not a good use of anyone's time or talents.
- When you are curious about something (the meaning of a swear word, or curiosity about something sexual, for example), ask Mom or Dad. You will NEVER be in trouble for this.
- Kids will not sign up for accounts or share personal information online without parent permission.

What if:

- When we accidentally come across something inappropriate and/or make a bad decision on our devices, we need to tell Mom or Dad right away.
- We will make mistakes and that's OK- the most important thing is to be honest.
- Mom and Dad have the right to check our devices at any time.
- Any violation of this contract will result in a loss of privileges and/or a fine.

Signatures: _____
